

Welcome to 2023-24 DMS PE

Expectations:

- Students will value and respect the attributes of all physical education units
- Students will respect individual differences among peers and respect ALL educators
- Students will work to the best of their ability, giving an honest effort throughout all activities
- During in person PE class students will enter the gym/pool and read the white board that will have daily expectations posted
- Students will abide by all the rules/routines/ and procedures gone over on the PE syllabus

Dress Code Policy:

- Students are expected to bring a change of clothes for PE.
- Students should always have sneakers for the days they are assigned physical education class.
- Students should dress appropriately based on the weather as we will be outside as much as possible.

Attendance:

- You must be present with sneakers, participating with honest effort for credit
- If a student is absent they will have a 0 until that class is made up
- Medical excuses must go to nurse **PRIOR** to PE teacher
- A medical excuse will excuse you from class until the date noted
- Google Classroom work will be assigned and completed during time of medical absence

Make Ups:

- A missed class can be made up during activity period in the fitness center.
- To stay after school during activity period students **MUST** make an appointment with either Mr. Carmody or Mrs. Bennett.

Cell Phones:

- Cell phones must be kept away during PE class.
- If necessary, there will be a designated area in the gym for students to leave their phones.
- If you have one out during class causing disruption WE WILL TAKE IT AWAY
 - First offense we hold it till the end of the day
 - Second offense: WE GIVE IT TO YOUR PRINCIPAL

Fire drills:

- If you are holding equipment, simply place on floor and exit with your class

Lockdowns:

- We will enter the boys locker room, girls will wait in the pool area
- Go all the way in the back (near bathrooms) and sit quietly.

Grading Information: Students will earn points based on the following criteria:

-Participation-50%

- Prepared for class – on time – changed clothes (something other than what you wore to school)
- Demonstrates effort as a full participant in the class
- Displays appropriate behavior based on the expectations of the class
- Performance based and/or understanding of skills and concepts of the class/unit

-Fitness testing-10%

-Skills test as per unit-20%

-Worksheets/Google Classroom work-20%

Areas for Potential Loss of Points:

Not fully prepared (only change top or bottom), Lack of proper footwear, Tardy, Attitude/ lack of effort, Disrespect towards peers/teacher (including substitute teacher), Misuse of Language, CELL PHONE, not turning in assignments via google classroom.

I have read and acknowledged the previous Grading policy. I understand that my grade will be based on the policies and procedures mentioned.

Student Name: **First:** _____ **Last:** _____

Class period and letter day: _____

Parent Signature: _____